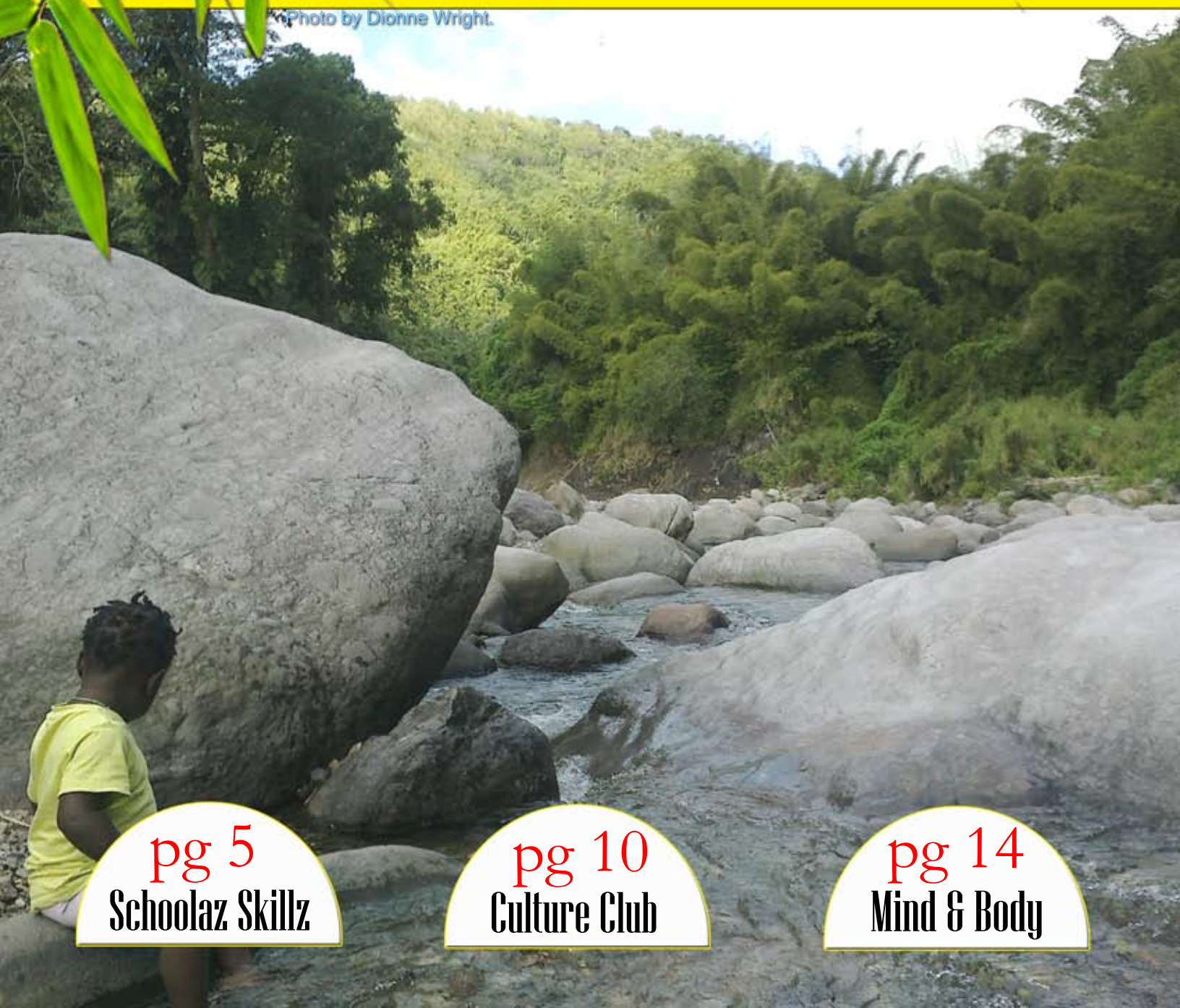


JUNCTION RIDE

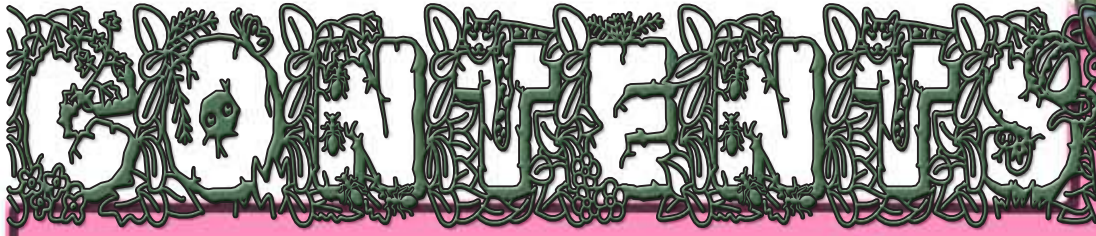
Photo by Dionne Wright.



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Word to the Reader

The principal route from the capital of Jamaica - Kingston - which brings one to important places of interest / capitals such as Port Antonio and Port Maria, the Junction, St. Mary has lots to offer. ...

"Junction Ride Community Magazine" hopes to share all this and more with you.

With invaluable contributions from educational and social organisations as well as from community members themselves the aim is to make the difference not just in your day, but in your life.

Dionne Wright
Publisher - Creative Director - Editor



Nicole Wright
Assistant Designer - Photographer



COLOPHON

Junction Ride

Community Magazine

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In close proximity to Portmore - a densely populated community located in the parish of St. Catherine and roughly 30 minutes drive from Kingston, one finds Hellshire. Here there is a place - Fisherman's Beach - which greets with fine white sand, warm welcoming Caribbean Sea and talented cooks who prepare just-caught seafood as you want, while you wait.

One can go for just a swim, or to eat, or get a horseback ride. A very popular hang-out spot that is adored, especially on weekends. it is one of the best beaches on Jamaica's south coast.



Photo by Dionne Wright

Proud of my Profession! School Principal

Get featured
in JR today!
Contact info
at back.



Mrs. Jennifer Harris-Burrell



A school is not just a building that one goes to.

It is the combination of location as well as resources (human and material) put together to facilitate education.

A School Principal or Administrator manages and represents institutions, most times obtaining this position only after having worked for many years as a classroom teacher.

A full time job which extends into overtime to accommodate meetings and special events, managing a school requires various skills and competences so that one is able to:

- supervise the instructional programs of the school, evaluate lesson plans and observe classes;
- collaborate with the other members of the patient's health care team in order to provide an appropriate plan of care;
- use student performance data to assess teaching and learning effectiveness;
- confer with teachers, students, and parents concerning educational and behavioral problems in school;
- ensure compliance with all laws, network policies and civil regulations;
- keep the staff informed and seek ideas for the improvement of the school.

Excellent leadership, interpersonal, communication, problem solving and critical thinking skills are integral.

The Devon Pen Primary and Infant School, located just about ten minutes drive from Castleton Gardens, is small, neat and well-kept. Nestled amongst ever-green hills and decorated with beautiful flowers and fruit trees, students here are treated with musical numbers from various types of birds. The river swishing over the sun-bleached rocks adds to the setting which is perfect for a wide range of outdoor education topics.

The Principal is Mrs. Harris-Burrell.

Herself hailing from the Devon Pen community and a past student of this very same institution, she has been a teacher since 1986. She was drawn to teaching because of her deep desire to help those who are afraid to hope for better simply because they are from a rural area or have a poor family background.

Mrs. Harris-Burrell (who said that it was difficult to find others who were poorer than her family) herself never had the luxury of ever attending high school. However, through determination and years of hard work, she got into and aced both college and university.

Believing that "with Christ in the midst, nothing can prevent one's achievements" and living "to get each and every child to realize his / her dreams / goals", Mrs. Harris-Burrell has now spent twenty-five memorable years building lives and community via engagement at the Devon Pen Primary and Infant School.

She uses her achievements to always encourage both parents and students to continually believe in themselves as no one can make them achieve without their own effort.

Being school principal is no easy task but it is a very fulfilling job which allows one to literally see and be proud of the fruits of their labour, especially after many years.

Mrs. Harris-Burrell, the Devon Pen community thanks you for your imprint - not just on their daily lives, but for your generous and priceless contribution to the world on the whole.

Schoolaz Skillz

NOTE TO THE
READER

Contributed by the
Natural History Museum of Jamaica

The work featured in this issue is not that of a student who lives or goes to school on the Junction route. However, given the importance of the piece and the fact that traveling up the Junction route into the corporate area leads one right past her school - with its fascinating history which began in 1858 - it is being shared with you.



Rachel Barham of Immaculate Conception High receives her first place trophy for the literary arts category with her story titled "My Grandmother is an Upcycler" in the Natural History Museum of Jamaica's Earth Day Competition.

To her extreme left is the Institute of Jamaica's Executive Director Mr. Vivian Crawford, Mrs. Samantha Sinclair of Jamaican Infrastructure Operator Limited and Dolphin Cove's Sales Manager Trevor Dixon (right).

Let's Cultivate Green Behaviour: Let's Upcycle! My Grandmother is an Upcycler.

My Grandmother is an upcycler. Now, when I say 'upcycler' I do not mean she peddles up steep, winding hills on a unicycle. What I do mean is that she is strict about reusing and repurposing items that most people think of as garbage and junk. For example, she reuses old tires for fashioning rain barrels and turns plastic bottles into drip irrigators for her garden.

I used to believe that she suffered from a compulsive disorder and grew up expecting at any moment to see her featured on an episode of A&E's Hoarders! Why do I say this? Well, what would you think if you saw someone using broken garden pots for accents in her yard, and empty wine bottles for light fixtures? She would describe herself as resourceful or frugal, but I did not think that was the case.

Every time I would visit she would try to educate me about upcycling, preserving the planet, and saving money. Her exhortations would, of course, fall on deaf ears. Why keep and reuse old stuff when new and better products were always being developed? Why not use the latest technology to solve our problems?

Last summer before I returned to school she gave me a gift of a beautiful school bag. I proudly carried the bag to school until one of my classmates discovered the label from a pair of Jeans on the inside. I then realized that it had only been the Jeans that I had outgrown which had been upcycled.

Anyways, an incident occurred last summer that forced me to view her eccentricities in a different light. I always spent some of my summer vacations with her at her little farm in the hills of Clarendon at the edge of the Cockpit Country. I did not always enjoy this 'vacation' as I was pressed into service on the farm and into numerous upcycling projects. This meant less time for video games and social media, two of the best aspects of modern life.

When we arrived I immediately realized that Grandma was not happy. "Grandma Myrtle, what's up?" I enquired.

"Go inside and make yourself comfortable. There are some cookies and milk on the coffee table. I will soon tell you all about it" she said. At the entrance to the house was a hand-made mat weaved from banana leaves saying, "waste not, want not". The coffee table was a door resting horizontally on four wooden sticks. It had been sanded down and repainted. On this 'coffee table' sat a jug of milk with an assortment of cookies beside. Everywhere around the small house were examples of repurposing and reusing.

After indulging, I decided to visit the chicken coop and look for my Grandma's prized rooster, Ancry. He was a fine bird with beautiful plumage and a confident gait. When I visited he would always follow me around the yard like a puppy; however, I think it was more to establish that the yard was his and that I was a mere guest. What I discovered was not a chicken coop but a fortification, with barbed wires and spikes all around. Ancry was no longer proudly walking around in his kingdom, but was perched atop the coop looking anxious and agitated. His feathers were in tatters as if he had been through a shredder. The hens were not walking around pecking at the ground but hiding in the coop.

Grandma Myrtle came up beside me and said: "Every night after I go to sleep someone comes to steal a chicken, and Ancry puts up a great fight...but the thief always gets one in the end. He is so slick that when I wake up he is gone! I have tried everything possible, but he always gets away. I will soon have no chickens if this keeps up."

As the weekend drew to an end, my family and I promised to return the following week. For the entire ride home, I was conflicted about the situation, and with a determination to fix the problem, I continuously mulled over in my mind what could I do to help. By the time, I settled in at home, the idea struck me.

My father's office was disposing of a box of old smartphones.

Using the week to set the plan in place, I returned to Grandma Myrtle's home with a new vigor.

Early Saturday morning I began tinkering; knocking, connecting and putting in place my ingenious plan. By noon I had assembled the network of smartphones. Satisfied with my work I waited patiently to catch the culprit.

Once again, that night, the chickens were disturbed, only this time we were ready to catch the culprit. As my family and I intently watched the monitor, what we saw flabbergasted us; a short long bodied brown figure slithered into the cages and pounced on the chickens.

"A mongoose!" I shouted bewildered.

The atmosphere of the next day was convivial. My father and I aided my grandmother in renovating her chicken coop. We used materials that were stored away, that I believed was junk, and created a closed sanctuary for the chickens.

Later that evening I turned to her and said: "Grandma do you know you cultivate more than plants here?"

"What do you mean by that," she replied

"You cultivate green behavior," I said

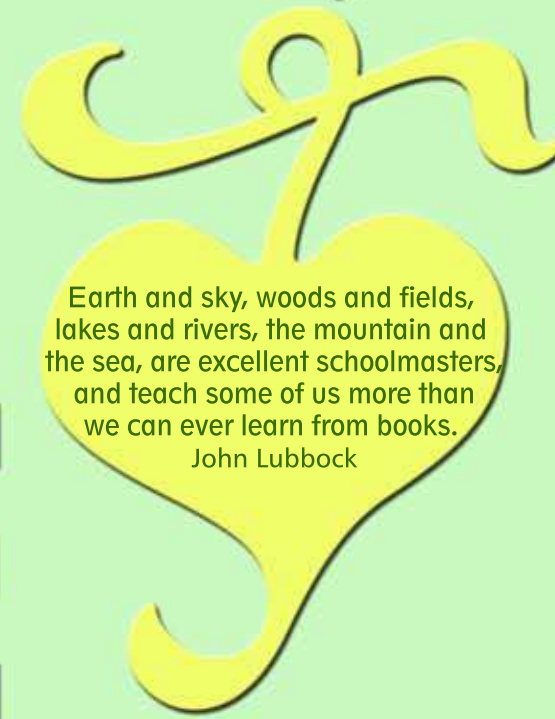
In addition, with that, I learned a valuable lesson. Which was; conserving and being resourceful, can actually help us later on when any situation arises.

NATURE & YOU!

Study nature, love nature, stay close to nature. It will never fail you.
Frank Lloyd Wright

RECREATION ROCKS!

For many, **meditation** does not even come to mind as something healthy and profitable to do. A stress reduction break that can be taken where ever one is, it also plays a very important role in recreational therapy. Meditation means turning your attention away from all sources of distraction and focusing on a single point of reference. In a nutshell - you train your mind to focus. Meditation is an ancient practice, but scientists are still discovering all of its benefits, some of which are: reduction of stress / anxiety and the increasing of emotional health, attention span and quality of sleep



Earth and sky, woods and fields, lakes and rivers, the mountain and the sea, are excellent schoolmasters, and teach some of us more than we can ever learn from books.
John Lubbock

CREATIVE CRAFTS



DW

Leaves are swept away, piled in garbage bags, burnt. Bushes are a bother, so we chop them down and then they suffer the same fate as leaves. Then we go to the stores and spend many thousands on expensive (Made in China) 'decor'.

Savour Nature and bring it into living spaces with the art of plant-pressing. A fun activity that is affordable for all, it allows one to really appreciate the beauty of Nature while saving a leaf or flower from a special place we might have been to. Make breath-taking souvenirs and gifts for home decor and for brightening someone's day! Try plant-pressing today!

Weird But Real! NATURE FACTS

It's a hard enough sport for humans to do rock-climbing but can you imagine a FISH climbing rocks?

Lithogenes wahari, a type of armoured catfish found in South America, is able to grasp and shimmy up slippery rocks in fast-flowing rivers.

It uses its sucker mouth and pelvic fins to climb vertical surfaces.

**Prepare
for a hurricane by stocking
up on emergency supplies.**

Safety Tip

Know your plants!

PLANT FACT
by Dionne Wright

Lemongrass. Fevergrass.
No matter the name,
the plant and its benefits
remain the same.
Found islandwide both
on supermarket shelves
and in backyards, the uses
of this plant are countless.

An aromatic healer, lemongrass is packed with numerous vitamins and minerals. In addition to its culinary usage, lemongrass has a wide variety of medicinal benefits and is always in demand due to its anti-bacterial, anti-fungal and anti-microbial properties. It is often used as a tea to treat numerous health conditions (nervous disorders, stomach problems, fevers, arthritis, menstrual problems and even cancer). Used externally, this plant can improve blood flow and may be used for the treatment of athlete's foot, cuts, tendinitis, sprains and joint pain.

A great addition to skin-care and cosmetic products, lemongrass is also an insect repellent for humans, homes and gardens.

Have a refreshing, energising cup of lemongrass tea and live the difference.



Health Corner

"I'm so depressed!" Alice exclaimed. Her friend shook her head and just said, "Stop being so silly! Cheer up yourself and move on"

A week later, Alice was found unresponsive in her bedroom. She had overdosed on a cocktail of alcohol and prescribed drugs.

(Clinical) depression is not just a feeling that one is capable of easily brushing off and moving on from. It is a serious mood disorder with severe symptoms that affects how one feels, thinks and manages daily activities such as eating, sleeping and working.

To be diagnosed with depression, symptoms must be present for at least two weeks.

Signs / symptoms include:

- Persistent sad, anxious, or "empty" mood
- Feelings of hopelessness, or pessimism
- Irritability
- Feelings of guilt / worthlessness
- Loss of interest / pleasure in activities
- Decreased energy or fatigue
- Moving or talking more slowly
- Feeling restless / having trouble sitting still
- Difficulty concentrating, remembering, or making decisions
- Difficulty sleeping or oversleeping
- Appetite and/or weight changes
- Thoughts of suicide; suicide attempts
- Body pains, headaches, cramps, digestive problems without a clear physical cause and/or that do not ease even with treatment

Persons at risk are those faced with:

- Personal or family history of depression
- Major life changes, trauma, or stress
- Certain physical illnesses and medications

Treatment includes medications, psychotherapy and brain stimulation therapies. Exercise, proper diet and meditation also help one to heal.

DELICIOUS DELIGHTS!

Our Favourite Foods

Normally used with hamburgers, fries and hotdogs, tomato ketchup is also a major part of many sauces, beans and stews.

Originating in ancient China as a brine of fish, it took a huge step to become what it is today when English seamen '...returned from Mexico and the Spanish West Indies with seeds of an exotic New World fruit called tomato'.

<http://www.madehow.com/Volume-2/Ketchup.html>

The main ingredients of ketchup are:

1. Tomatoes
2. Sweeteners (granulated cane sugar / (GMO) beet sugar / dextrose / (GMO) high fructose corn syrup)
3. Vinegar (GMO corn)
4. Salt
5. Spices
6. Flavorings (most times no further details given), onion, and/or garlic.
7. Red Dye 40 (comes from petroleum distillates or coal tars)

Ketchup



The thicker the ketchup, the greater the ratio of sugars and spices to tomatoes.



Shop right...
Money Tight!!!

1 PACK 'CHEESE' SNACK: \$60

1 KIDDIES BOX 'JUICE': \$85



HEALTHY, FILLING & SNACK!

1 BOTTLE SPRING WATER: \$55

1 PACK (UNPROCESSED) PEANUTS: \$50

1 RIPE BANANA: \$20

1 PACK DIGESTIVE BISCUITS: \$25

Laydeees and gentlemen!

Are you ready?!?

Are you ready?!?

Are you ready - for the fight of a lifetime?

Over here, we've got the Junction community of Scott's Hall, dressed in lush green; hoping to learn skills and hone talents to take them forward to the next round.

Over there, we've got the fighter you've been waiting for... Decked out in gold and standing proud and confident with over 30 years experience, he knows he won't lose.

Let's hear it foooooorrrr Robert "Bobby Whale" Smellie, founder of Caribbean Wrestling Entertainment! (CROWD ROARS)



<http://jamaicagleaner.com/article/news/20160519/bobby-wales-wrestler-scotts-hall>

Back in 1961, a spirited little boy was born to make a total of 8 children for parents living in the Scotts Hall community of St. Mary. He was named Robert. After attending the Scotts Hall All Age School (as it was back then) he migrated to Ireland at the age of 12 and then to the U.S.A. in 1973 where his parents passed on some 35 years later.

Mr. Robert Smellie, at this time an entrepreneur after having worked at various jobs, really began to miss Jamaica and moved back home for good in 2012 after having lived abroad for 39 years.

Scotts Hall was not how he wanted it to be: there were too many youths from 'challenged background' who were deviating and becoming delinquents. They needed someone to offer support and guidance; someone to help them to focus their energies. Bobby Whale selflessly decided to become that someone and the Caribbean Wrestling Entertainment group was born.

His objective of making the difference for these youths, proving to them that 'being from the country' does not mean the end of the road, has resulted in him building a gym in Scotts Hall (open to all). The CWE group now has 4 females and 14 males who are trained to wrestle, educated on health and nutrition, exposed to a wide variety of people and cultures and who of course, now look forward to a brighter future as a result of this golden opportunity of employment and self-development.

They have so far traveled 12 of the 14 parishes, performing at least once each month and have even had the Prime Minister as audience. These youngsters (whose repertoire includes performing at agricultural shows inclusive of Denbigh, now believe in themselves, are confident that they can make the needed difference and realize that circumstances can change for the better.

And still, Bobby Whale continues to 'build mind and body' and create because for him, communities are the pillars of countries. He collaborates with the Police and Polica Youth Club to ensure that events go smoothly and works with communities to raise funds for them.

His efforts - like a candle in a dark shed - have not gone unseen and now he is being assisted by Mr. Scott Elliot, a Peace Corps Volunteer. Having been featured in television, radion and newspaper interviews, Mr. Smellie is no stranger to exposure but as he says, this does not equate to income for continued development and growth of Local Economic Initiative.

The Social Development Committee (SDC), believing that "sports is a unifying force and a catalyst for igniting the energies of individuals and groups within communities" has stepped up and offered a greatly appreciated monetary sponsorship. This is currently being used to upgrade equipment and infrastructure.

Assistance to obtain a personal means of transportation is now being requested to facilitate movement of the group and more earning possibilities.

SAVE THE DATE!
17/06/18
STAND PIPE, ST. ANDREW



Mr. Robert "Bobby Whale" Smellie can be reached at: 876-356-1270

Website: <https://jamaicawrestling.wordpress.com>

CWE: Be thrilled. Be exhilarated. Be entertained.

Article by Dionne Wright

CULTURE CLUB

Sponsored by:



DIDACTIC RESOURCES

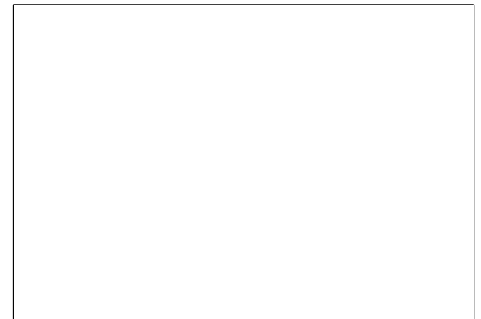
Contact: justwrightcomms.ja@gmail.com

Featured Country:

Japan



Draw the flag!



An island country which actually consists of 6852 islands, Japan is located off the east coast of the continent of _____. It has four major islands and the national capital _____ is one of the most populous cities in the world. Headed by Prime Minister _____ and with an estimated population of 127,210,442, Japan has the second lowest homicide rate in the world. _____, the world's shortest poetry form which consists of only three lines was invented in Japan. For most, Kentucky Fried Chicken is a typical _____ Eve feast while raw horse meat is considered a delicacy.

Japanese:

Subaru

Sony

(Paste pictures)!

How to say:

- Hello - Konnichiwa
- Goodbye - Dewa mata
- How are you? - Ogenki desu ka?
- My name is... - Watashi no namae wa... des
- I love you - aishite imasu

CULTURE CLUB

Un mot de 
... la France!

 
PENPALS

**DO YOU
WANT A PENPAL
TOO?**

CONTACT US TODAY!

Start a
Fun with French club
at your school / online!

Photo by: J. Cotrel,
Haybes - France



THE NATURAL HISTORY MUSEUM OF JAMAICA

The Natural History Museum of Jamaica, a division of the Institute of Jamaica, aims to encourage the study and dissemination of scientific knowledge of Jamaican flora and fauna, promote the conservation of the Jamaican natural environment and maintain collections of Jamaican flora, fauna and reference books.



The Institute of Jamaica's feature on Earth Day 2018

Earth Day is celebrated on April 22 each year to promote the preservation of the Earth's natural resources.

The observation of Earth Day was initiated by Harvard Law student Dennis Hayes and Senator Gaylord Nelson in 1970. It has since gathered momentum taking on a global perspective.

Jamaica participates annually through commemorative activities as it is a unique opportunity to raise awareness on key environmental issues among public and private sector decision-makers and the public, while mobilizing all stakeholders to work together to preserve our country's natural environment.

This year's theme "From Trash to Cash" was influenced by the international focus on stopping plastic pollution with a wider emphasis given to macro-waste from other sources as well.

It is important to educate our youth about the harmful effects of pollution.

Through this competition, we endeavoured to create a platform for them to creatively conceptualize a solution for our waste. How we dispose of our waste contaminates our environment with unwanted substances and affects us in many ways. Stopping pollution is necessary for Jamaica's survival. Turning our trash into cash, changes the way we think of recycling. This mode of thinking challenges us to formulate ideas, businesses and projects that are innovations for economic gain. If we can view alternative ways to use our waste in a sustainable manner, we could move closer to a greener Jamaica.

The competition was open to all children and youth between ages 12 – 19 years attending primary and secondary schools; youth attached to community based organizations, churches and also youth clubs. Eligible persons were asked to submit original individual entries to the Literary Arts, Poster and Design Model categories. Entries were judged on the premise that ample research has gone into what is produced and the winners were announced and recognized at the annual Earth Day Competition Awards Ceremony on Friday, April 27, 2018.

In this feature (please see page 5), we will highlight the winning literary piece under the sub-theme: "Let's Cultivate Green Behaviour: Let's Upcycle!" written by Rachel Barham, a grade 11 student of the Immaculate Conception High School. Out of a total of seventeen (17) literary arts pieces, Rachel Barham emerged the winner with a creatively crafted short story entitled, "My Grandmother is an Upcycler".

Congratulations Rachel!

Wag Water Valley: What's Been Happening?

The multi-million dollar road improvement project announced for the Junction route is now in full swing. Well-needed roadworks have been taking place from the Georgia section of the Junction route down to Aqualta Vale, with some sections of the road being widened while some are being replaced to cut down on the numerous corners. Despite the fact that properties too close to the road are being lost, the general public is upbeat and looking forward to experiencing a less bumpy ride with shorter travel times.

Another leg of the road improvement project is also being done on upper Constant Spring Road which leads directly unto the Junction route. The road is being widened with the objective of cutting down on the hours-long traffic jam during morning and evening peak hours. The thousands who travel into the capital daily via the Junction, leaving out before sunrise and getting home at bedtime welcome this promising project.



Land is Life

with

Gloria Brown

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*Do you have a problem
or need information
that relates to
land?*

**Wherever you or your land may be,
You are invited to**

**Address your queries to
Attorney-at-Law Gloria Brown & Co
via**

junctionride@mail.com

**Responses will be published
in each informative issue.**

The Importance of Good Mental Health



The Mental Health Unit at the Ministry of Health has a slogan that forever holds true: "There is no health without good mental health".

While there has been greater awareness of non-communicable diseases (NCDs) such as hypertension and diabetes, many are unaware that the state of our mental health significantly contributes to the development, prevention and treatment of NCDs. Globally, depression and anxiety rates are on the rise and commonly contribute to sickness and absence from school or employment.

Far too often mental wellness is forgotten by many, yet how we are doing mentally and emotionally has far-reaching consequences for our physical health, our social lives and so much more.

So, what is good mental health? How do we achieve it?

Good mental health is not simply the absence of a diagnosable illness like schizophrenia or depression, etc. It is having the ability to cope with the various stresses of life, manage change and uncertainty, learn and realize our full potential.

The benefits of mental wellness include reduced feelings of stress, a greater sense of calm, reduced medical costs, increased productivity, and is fundamental to our relationships and achieving goals. All of us will experience struggles from time to time, but good mental health is what will help us bounce back. We may still face situations beyond our control, but we can do something about the state of our mental health.

Here are some tips:

- * Talk about your feelings - talking about how you feel to a trusted family member or friend can help you cope in times of difficulty.
- * **Keep active** - regular exercise is shown to improve mood, concentration and sleep. A simple activity such as taking a short walk can impact your mental health!
- **Take a break** - give yourself some "me time". Ensure you schedule times of rest and relaxation. A short break from studying or working, taking a lunch break, or planning a weekend trip out of town. A few minutes can be enough to de-stress you and help you re-focus on the tasks you have to do.
- * **Be an optimist** - thinking positively is a proven way of improving mood. Work on reframing negative situations into positive ones. Look at these as opportunities for growth.
- * **Connect** - keep in touch with friends and family and make time to attend social events. Socialising with others is associated with increased mood.
- * **Eat healthy** - What you eat can have a direct effect on your energy level and mood. Reduce the amount of sugar, caffeine and alcohol and make healthier choices such as almonds, peanuts, bananas, green tea etc. which all help with energy without the added sugar!
- * **Ask for help** - the most important thing you can do for your mental health is to **ask for help**. Your friends and family may be able to offer practical help but also do not shy away from making use of local counselling centres.

For a list of health professionals, see www.jampsynd.com or email: jampsyndmembership@gmail.com for further assistance.

Djavila Ho, M.Sc
Associate Clinical Psychologist
jampsyndmembership@gmail.com
Director of Membership, Jamaican Psychological Society



www.jampsynd.com

A WORD ON ABUSE: Women are wrong!

Miss Matilda (*name changed to protect identity*) spoke in a hushed tone with tears in her eyes. Her guant features told her story even before the words came out.

Mother of a teenage girl who was impregnated by a bus conductor, she was almost at her wits end. She had very limited resources and a tight budget but still tried to take care of both the daughter and the grandson as the ‘baby-faada naah give ar nutten, jus’ buy likkle juice an’ from time to time some “pampas”.

When asked why she had not reported the girl’s case to the police, she promptly replied, ‘she did almos’ 16 so mi neva see whe dat mek sense. Har faada nearly kill har doah kaah wi nevah expeck a ting like dat!’.

When questioned re the father and his possibility to care for the child, it came out that it was an older person, one who works as a bus conductor and one who has a number of other children with young girls.

Women - especially those from poor backgrounds and living in rural areas - are so wrong!

We live in a country regulated by laws which are in place to protect our rights.

And yet we ignore these laws (unless we are physically attacked) and hope to be better and safer.

In this case, the daughter was not protected.

She was groomed and taken advantage of by someone she was familiar with, having traveled on the bus daily to and from school.

Then, as a child who became pregnant, she was not protected by her parents who should have reported the incident as “individuals aged 15 or younger in Jamaica are not legally able to consent to sexual activity, and such activity may result in prosecution for statutory rape”.

In addition, being the ones who are legally responsible for caring for her until at least age 18, the parents again failed her in not applying to family court for a Maintenance Order. The fact that they do nothing with regards to the lack of maintenance by the father of the child gives the idea that his actions are accepted and not contested. Any care-giver who wilfully ignores the needs of a child is guilty of neglect, which is a form of child abuse.

By default, any person who allows ths to happen / continue, given that,

According to the Maintenance Act (2005),

“8.-(1) Subject to subsection (2), every parent has an obligation, to the extent that the parent is capable of doing so, to maintain the parent’s unmarried child who -

(a) is a minor; or

(b) is in need of such maintenance, by reason of physical or mental infirmity or disability.”

Section 9.(2) (a) confirms “that each parent has an obligation to provide support for the child”

is just as guilty of child abuse and is breaking the law.

When pressed re the involvement of the father, she said ‘mi dawta mek a mistake an’ a hope she wi learn fram it an’ pick up harself. Di baby-faada, ah jus’ lef him to time.’

Why? Why ‘leave him to time’ when the child was as much his as hers?

He too had an obligation, a responsibility. Yet the girl was being counselled to just bear it and hang on while he galivanted and the child remained in need of so many things.

In addition to the previous forms of abuse, she (and her parents) were being abused financially while the child was being neglected. And her mother only saw that she needed ‘to stand strong and work harder’ and ‘just ignore the man - he will get what is coming to him.’

Children have rights too. As parents, it is our duty to protect them from all threats and dangers.

DW

'TWEENS 2 TEENS

Especially during these years characterised by drastic physiological and psychological development, confusing emotions, the need to 'fit in' and added pressures from those who keep saying 'yuh getting big now, so yuh can / yuh must...' tweens to teens are highly at risk.

Research has proven that the 6 - 15 age group are the most abused but this is not their only problem.

Human trafficking, also viewed as 'modern day slavery' has surpassed the illegal sale of arms and will surpass the illegal sale of drugs in the next few years, as victims can be abused over and over.

More women and girls (approximated at 80percent) are trafficked than boys and men, and the average age of victims is in the 11 - 14 range. Those 'enslaved' have an average life span of just 7 years.

"Children are often targeted by traffickers as they are deemed easier to manipulate than adults. More money can be earned by younger girls and boys exploited in sexual exploitation, especially virgins. Pre-pubescent girls are reported to be injected with hormones to bring on puberty. Younger girls are expected to have a greater earning potential, and as such are in greater demand".

"Jamaica is a source, transit, and destination country for women and children trafficked for the purposes of sexual exploitation and forced labor. The majority of victims are poor Jamaican women and girls, and increasingly boys, who are trafficked from rural to urban and tourist areas for commercial sexual exploitation. Victims are typically recruited by persons close to them or newspaper advertisements promoting work as spa attendants, masseuses, or dancers; after being recruited, victims are coerced into prostitution. Jamaican children also may be subjected to conditions of forced labor as domestic servants."

During the month of May, special emphasis is placed on our children. Let us place this special emphasis on them every day and take a vow to protect them from all harm and danger. As parents and community members, this is our duty; not selling them to advance ourselves. Let us actively engage in the **Blue Heart Campaign** and save the future.

- The Blue Heart Campaign is a global awareness raising initiative to fight human trafficking and its impact on society.
- It seeks to encourage involvement from governments, civil society, the corporate sector and individuals alike, to inspire action and help prevent this heinous crime.
- The Blue Heart is increasingly recognized as the international symbol against human trafficking, representing the sadness of those who are trafficked while reminding us of the cold-heartedness of those who buy and sell fellow human beings.

BUILD YOUR BRAIN!



HomeSchool TIPS 'N TALES

The best schedule
is the one that works
for you!

To prevent
memory loss &
sharpen mind:

Brush teeth with your
non-dominant hand



Be Inspired

*It's not how hard you hit,
it's how hard you can get hit
and keep moving forward -
that's how winning is done.*

Sylvester Stallone,
Rocky Balboa

Activity

May is a magical month!

For each celebrated event, draw or paste a corresponding picture in the box.

Teachers' Day

Mothers' Day

Labour Day

Children's Day
Junction Ride Community Magazine

BE THE ARTIST

Complete the poem with words that rhyme.

Sunrise. Sunset.
The end of another day.
Our paths briefly crossed -
Then we went on our _____

Will you remember me,
As you carry on?
Or will your memories be like a shadow,
Here this moment and then _____?

Sunrise. Sunset.
The end of another year.
I still think of you;
I still hold you _____.

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FAMOUS JAMAICAN ARTIST

Dawn Scott

A highly regarded visual artist who hails from the town of Mandeville in the parish of Manchester, Dawn Scott was one who never stopped emitting ideas. As she started off as a painter who then branched off into architectural detailing and interior design. her works can be found in all walks of life. She passed away in 2010 but not after leaving her mark on not just the world of art, but on everyone who came into contact with her work.

A Cultural Object, (1985)
is an installation that has become centerpiece of the National Gallery's permanent collection.

<http://arteventsja.com/artist/dawn-scott>

Draw and colour the rest of the image.



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TECH TALK



<https://www.printerbase.co.uk/news/makerbot-replicator-desktop-3d-printer-lands-red-dot-design-award/>

A 3D printer makes three dimensional solid objects from a digital file via an additive process in which an object is created by laying down successive layers of material until the object is created. 3D printing enables the production of complex (functional) shapes using less material than traditional manufacturing methods.

Upcycle Challenge!

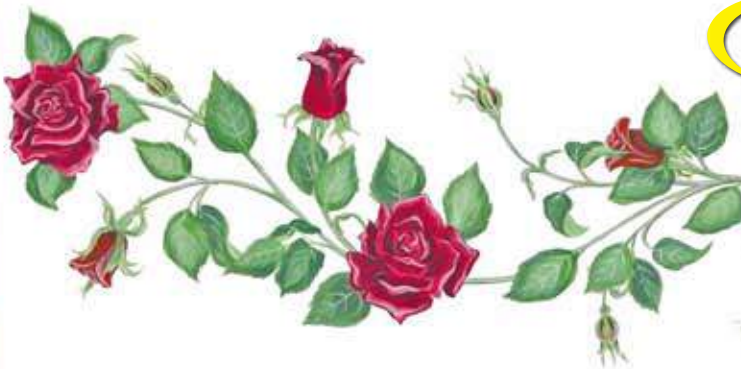
Tin Cans:

decorated candle holder

pen / pencil organizer

mini baking pan

GO GREEN!



Beaming Baby Loves

BEING BAREFOOTED

Experts are coming to the consensus that the best shoe may be no shoe at all! Walking barefoot provides feedback from the ground which results in less need to look down (this is what puts babies off balance and causes them to fall down). Muscles, ligaments and the strength of the foot's arch are better developed while proprioception and good posture improves. Dwelling in shoes is neither normal nor natural for Man in general, as can be seen from the resulting osteoarthritis, osteoporosis, knee-hip-back pain, and bunions. The wearing of shoes also limits our natural movement patterns and causes our muscles and range of motion to atrophy over time. 'Earthing' especially on natural surfaces such as soil, sand or grass, increases antioxidants, reduces inflammation and improves sleep.

Graphic Design

Writing Services

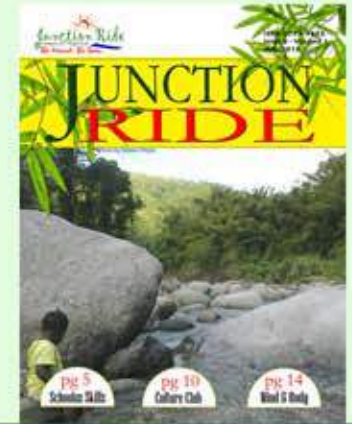
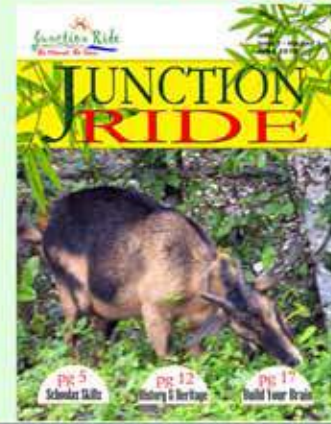
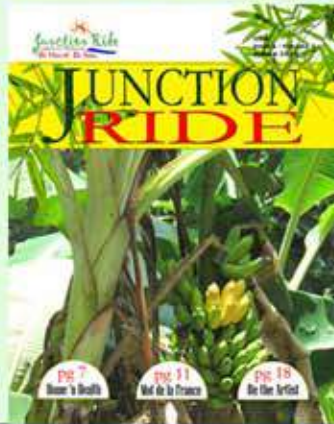
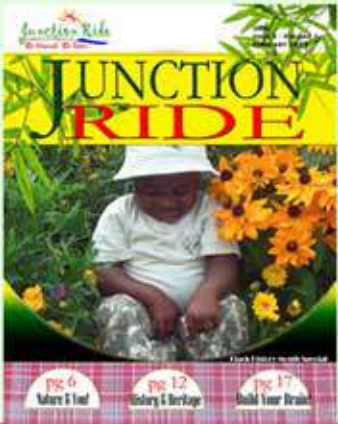
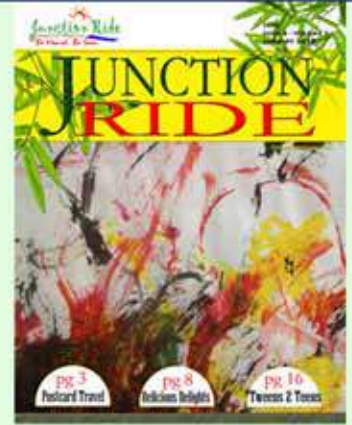
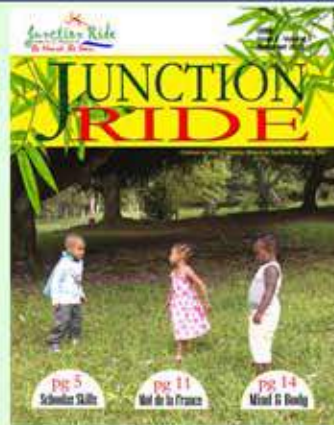
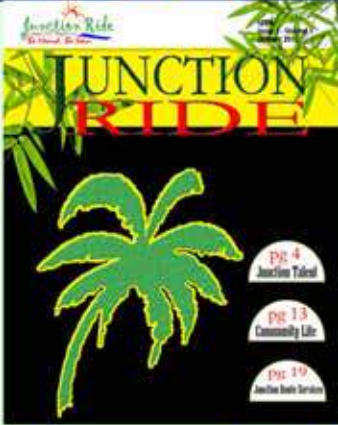
French

- Text & Workbooks
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Community Magazine
Be Heard. Be Seen.

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