

JUNCTION RIDE

Photo by Nicole Wright



pg 9

Tantalising Tales

pg 12

History & Heritage

pg 19

Door to the Future



3 - Postcard Travel

4 - Junction Talent: Proud of my Profession!

5 - Junction Talent: Schoolaz Skillz

6 - Nature & You!

7 - Home 'n Health

8 - Delicious Delights

9 - Tantalising Tales

10 - Culture Club: Featured Country

11 - Culture Club: Mot de la France; Penpals



12 - History & Heritage

13 - Community Life

14 - Mind & Body

15 - Know More!

16 - "Tweens 2 Teens

17 - Build Your Brain!

18 - Be the Artist

19 - Door to the Future



Word to the Reader

The principal route from the capital of Jamaica - Kingston - which brings one to important places of interest / capitals such as Port Antonio and Port Maria, the Junction, St. Mary has lots to offer. ...

"Junction Ride Community Magazine" hopes to share all this and more with you.

With invaluable contributions from educational and social organisations as well as from community members themselves the aim is to make the difference not just in your day, but in your life.

Dionne Wright
Publisher - Creative Director - Editor



Nicole Wright
Assistant Designer - Photographer

COLOPHON

Junction Ride
Community Magazine

ISSN: 0799-5458

Issue 7, Volume 1

April 2018

© Dionne Wright

All rights reserved.

No article or image herein may be modified or used in any other publication, without the prior written consent of the publisher.

CONTACT:

junctionride@mail.com

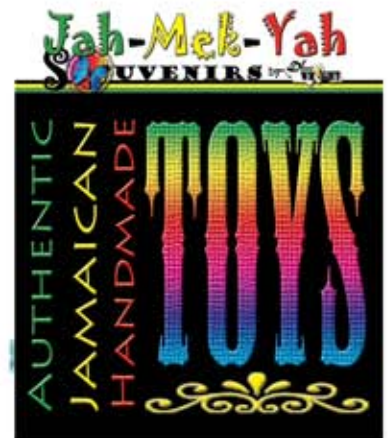
junctionride.weebly.com

POSTCARD TRAVEL with

FISHERMAN
FRANK  TM

 TM
Dolly D

 TM
Reggae Rae
Multi-Purpose Rasta'pus



Available at:



things jamaican
Devon House

Norman Manley International Airport
Custom orders: jahmekyah@mail.com



Photo by Dionne Wright

Sister to Castleton Gardens located in the Junction and Cinchona Gardens which is in the Blue Mountains, the Royal Botanic Gardens at Hope is the last large remaining urban green space for Jamaica's capital city - Kingston. It sits on the Liguanea Plain between two mountains and is home to various endemic birds and exotic plants. A relaxing setting which is perfect for picnicking and fun / educational gatherings, it also has a zoo. Established in 1873, it was a major experimental station for crops that were grown economically in the 1880's.

To access, one drives towards the town of Papine in St. Andrew. The gardens, right beside the University of Technology, awaits you.

Proud of my Profession! Stay-at-home parent

Get featured
in JR today!
Contact info
at back.

The first thing that comes to mind for many on hearing the term 'stay-at-home parent' is that:

1. more than likely it is the mother;
2. that automatically there is a rich and luxurious life if it is an upper class, nuclear family setting
OR
that the woman (of the lower economic class, especially a single parent) has no ambition or wants to just depend on (the) man.

Granted, there are more moms who stay at home, but all over the world, the numbers are growing for stay-at-home dads as traditional gender roles evolve with women wanting to pursue their careers, especially if better paid than the male partner.

More than likely both parents will prefer not to have the children cared for by strangers / outside of the home or simply cannot afford the cost of childcare. The mere economics of it all - especially if you have more than one child - can be enough to support the rationale that one parent should stop working to support life at home. and so, dad is becomes the main caregiver of the children and is generally the homemaker of the household.

Secondly, apart from those who are 'well-off' enough to have a household assistant, being a stay-at-home parent, whether mom or dad, is no bed of roses. In some cases, it is even more and harder work than being employed outside of the home.

Apart from never having the bliss of being alone especially if caring for young children or home-schooling, tasks include: doing the laundry (many still wash by hand,), ironing, cooking, preparing the children for school, cleaning, running errands...

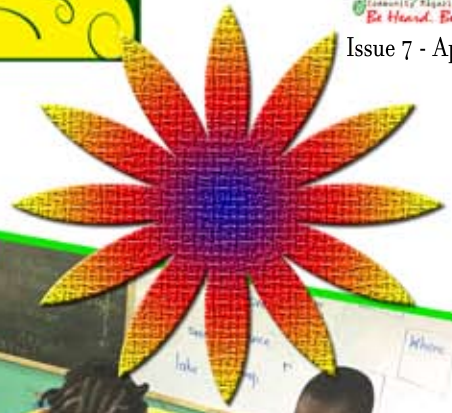
True, more parents who stay at home are 'poorer' than their working counterparts, however the joys gained from the (extra) time spent with children, teaching and learning from them - even when the floor is drawn on instead of the paper and the face gets decorated with flour - can never have monetary equivalent.

These 'Power-Parents' are able to prepare healthier meals and their children usually have less illnesses than those without a stay-at-home parent; children are more protected in a world of growing dangers.

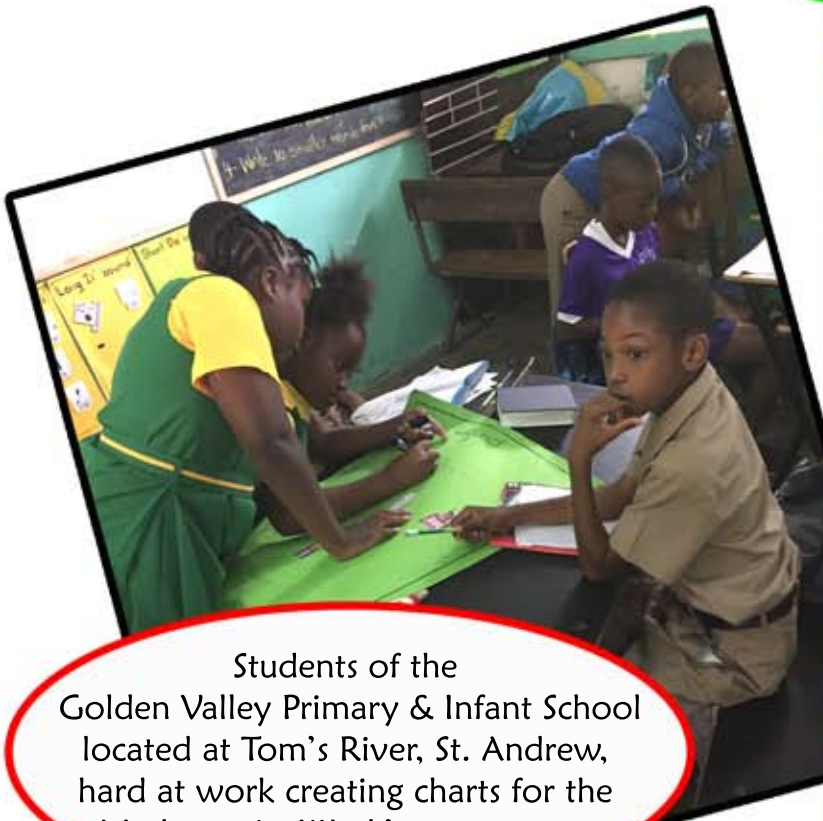
Many persons of the Junction are stay-at-home parents. Stay-at-home parents who work as hard as anyone else, with most even earning income from work done at home, in between the daily tasks. Whatever the reason for being a Power-Parent - be it loss or lack of employment or choice to spend more time caring for the family or simply the economics of your financial situation with going out resulting in negative earnings after all the expenses, be proud and do a great job!

JUNCTION TALENT

Schoolaz Skillz



Drawing "Pegasus" by Nicole Wright, 8yrs



Students of the Golden Valley Primary & Infant School located at Tom's River, St. Andrew, hard at work creating charts for the Mathematics Week's programme.



NATURE & YOU!

Study nature, love nature, stay close to nature. It will never fail you.
Frank Lloyd Wright

Wag Water Valley

Here in the Valley, the Wag joins all.

As it flows by and through communities, it brings stories of people washing by the river, kids at play, splashing and shouting in joy, men hunting fish for dinner or to sell so they can earn some money to send their child to school, relaxing and refreshing baths that are easily viewed from the road by passers-by, farm produce and even lives being lost in heavy rains and lots more. However, even though the many communities of the Wag Water Valley are irrefutably joined, each is distinctly unique and cohesively bonded together while clearly distinguished from the one that it adjoins.

People are proud of roots that go back many generations, with lands passing from parents to children and can be offended if their tranquil home community is mistaken for another. Seemingly immune to the constant rains, they display remarkable strength, health and agility as they mount the steep hills - crisscrossing in a fascinating way that turns a mile into two - carrying water, just-river-washed-laundry or even beds and sofas on their heads.



RECREATION ROCKS!

We have become so accustomed to sitting on 4 wheels while both adding to and suffering from pollution that the idea of replacing these with 2 wheels (as is being done in many developed countries) seems atrocious.

Cycling - a concept invented in 1817 - is perhaps the most satisfying way to get exercise, fresh air and improve your health compared to any other form of recreation. In addition, it is an indisputable method to literally save millions and avoid being stuck in traffic,

Weird But Real! NATURE FACTS

Can you imagine a plant that forces humans to wear hazmat suits?

Even worse, one that causes people to commit suicide?

This plant, the Gympie-Gympie, exists in Australia. Classified as a stinging plant, its effects last up to 2 whole years after one is stung! An ill-fated ecologist, victim despite protective gears, described the resulting pain as, "like being burnt with hot acid and electrocuted at the same time"

When cooking, use
the back burners and
turn pot handles inward.

Safety Tip

Know your plants!

PLANT FACT

by Dionne Wright



Would you pass up on a food that is great for your eyes, treats infections, heals skin, kills parasites, treats cancer, sedates and relaxes body and mind, boosts the immune system, improves respiratory conditions, relieves pain, soothes the stomach...?

Delicious and nutritious, it is filling and can be eaten as is or prepared in various tempting ways.

Introducing non other than the soursop, a super-fruit that is usually found in the Americas - one of the first fruits to be carried over to Southeastern China, Australia and Western Africa.



A soursop weighs up to 15lbs & is used to make custard, cheese cake, milkshakes, ice-cream & much more. The bark of the tree and leaves are used to make tea.

Jamaica - land of 'exotic' fruits, has lots of graviola to offer. And not just for the 'Sunday dinna'.

Health Corner

Tooth decay is one of the world's leading oral health problems. Also called cavities, this occurs when damaged areas in the hard surface of teeth develop into holes.

This breakdown is due to acids made by bacteria. A number of factors contribute to tooth decay and some of these are: foods that cling to teeth, poor oral hygiene and frequent snacking.

Some common symptoms include toothache, tooth sensitivity, mild to sharp pain when eating or drinking, visible holes or pits in the infected tooth, and black, brown or white stains on the tooth's surface.

If cavities aren't treated, they can lead to severe toothache, infection and even tooth loss. Some of the treatments for tooth decay and cavities are fillings, crowns and root canals.

Though presented as an irreversable condition with the only hope being going to the dentist and many times losing the tooth, it is indeed possible to stop and even reverse decay.

Modern foods are closely linked to tooth decay, bone loss and chronic illness.

Changing one's diet can not only stop decay but also heal decayed teeth!

You see, it is not just acids eating away at the teeth that is the problem; it is too much consumption of phytic-acid rich foods and processed sugars while too little minerals and fat soluble vitamins are being taken in.

A change in diet as well as oil or water pulling first thing in the morning will not only work wonders for your teeth, giving you a beautiful smile, but will improve health on the whole. Remember - what you get from your body is equivalent to what you've put in!

DELICIOUS DELIGHTS!

Our Favourite Foods



Frankfurter



Traditionally made of a mixture of pork and beef, weiners originated in the city of Frankfurt am Main, Germany.

Today, no picnic or barbeque or even a fast lunch is never the same without it. Loved especially by Jamaicans who lather the sausage in ketchup, it's always so much of a sure sell that stands have been popping up on the streets islandwide.

The weiner is a delicious delight alright, but what really is it made of?

1. 'Meat': a product resulting from the mechanical separation and removal of most of the bone from attached skeletal muscle and other tissue ... that has a paste-like form and consistency; containing a higher content of bone fragments than actual meat.

2. Water

3. Fillers such as corn syrup, corn starch, maltodextrin to hold the 'meat' together.

4. Salt. Lots of it.

5. Preservatives such as potassium lactate, sodium phosphates, sodium diacetate, sodium erythorbate and sodium nitrate to keep them pink and for shelf life.

6. Casings which might be from the intestines of a different type of animal than the one the sausage is made from (normally pig or beef) or even made from plastic.

7. Flavourings (most not named).

Favourite foods taste great but are they good?

Shop right...
Money Tight!!!



1 (dry) BREAD: \$320

V&G

MEAL & DRINK!

12 GREEN BANANAS: \$100 + 1LB SOFT YAM: \$70 +
1/2 LB PAK CHOI: \$25 + 1 CAN MACKEREL: \$85 +
1 LB CARROTS: \$40

*Downtown Kingston market prices



Photo by Dionne Wright

Called the 'coal stove', this indispensable utensil is held quite close to the heart, especially in the parish of St. Mary, where farms, farmers and breadfruit trees abound.

It '...is a small charcoal fuelled cooker with a basin-like top covered by a flat metal grill attached to a long hollowed cylindrical foot. Similar to a single cooktop, the coal stove was used to cook a wide range of foods. Meats could be placed directly on the grill of the coal stove or on sticks laid across the top of the stove to be grilled or smoked'.

The coal stove was introduced to Jamaica by Dutch traders during the period of slavery but even though cooking equipment for the general population has evolved from wood to kerosene to gas and electric ranges, many households right across Jamaica still possess a coal stove. Some use it just for roasting breadfruit (never the same when done in the oven), some to get "di flaava inna di rice an' peas" while some (mostly those in rural areas or those who are less fortunate financially) use it daily to prepare family meals, buying a pan of coal on a daily basis or as often as the funds can be made up. The coal is normally 'burnt' by farmers in the area then either sold directly to the consumers or to the shops that dot the Junction route.

The coal stove has such a grand reputation and such powerful, unforgettable performance that it can even be bought online by those abroad desiring a taste of traditional Jamaica.

If a little smoke in your eyes is no problem, give it a try and see for yourself!

<http://jis.gov.jm/features/traditional-food-preparation-jamaica-tools-methods/>

CULTURE CLUB

Sponsored by:



DIDACTIC RESOURCES

Contact: justwrightcomms.ja@gmail.com

Write the name of the country!

Featured Country:



A country which is bordered by Russia, Norway and Sweden, _____ has the city of Helsinki for its capital, a _____ of 5.58 million people & two official languages. _____ is spoken by the majority and Swedish by the rest. With almost 200 000 lakes, day and night sunshine in the North for the summer months as well as freedom to sleep, swim, sail, fish or forage anywhere you like, this - one of the least densely populated country in _____ is a dream come true for the Nature lover.

Finnish:

Angry Birds

Nokia

(Paste pictures)!

How to say:

| | |
|---------------|-----------------------|
| Hello | - Hei |
| Goodbye | - Näkemiin |
| How are you? | - Mitä kuuluu? |
| My name is... | - Minun nimeni on... |
| I love you | - Minä rakastan sinua |

CULTURE CLUB

Un mot de 
... la France!



PENPALS

**DO YOU
WANT A PENPAL
TOO?**

CONTACT US TODAY!

Start a
Fun with French club
at your school



Aubagne - famous for its pottery, porcelain & santons - is a little town in the South of France. Birthplace of the highly regarded Marcel Pagnol and home to the Foreign Legion HQ, Aubagne offers breathtaking views and lots of fun, cultural activities for all ages.



*Harma, Sim, Emma, Abous
Luttes, Jade, Chah*



*Les couleurs de la Jamaïque
avec les empreintes de nos mains et
nos doigts.
Marie-CM2*

We painted the Jamaican flag with hand and finger prints.

Hello everyone,
We are the children who do after school activities at the Jean Moermoz Elementary School in Aubagne. This year all the schools have a joint project on world countries and we chose to represent your beautiful island.
Océane - CM2

We are happy to have learnt about Jamaica and Reggae with our two group facilitators, Cécélia and Audrey.
Nina - CM2

*Guillette, Louise, Clémence
Elhan, Alexandra, Chah*

*Bonjour à tous.
Nous sommes les enfants du périscolaire
de l'école élémentaire Jean Moermoz
à Aubagne.
Cette année toutes les écoles ont un projet
commun sur les pays du monde et nous
avons choisi de représenter votre belle
île.
Océane CM2
Nous sommes contents d'avoir
découvert la Jamaïque et le
reggae avec nos deux
animatrices Cécilia et Audrey.
Nina CM2*



*Nous avons utilisé les
couleurs du reggae
Emma CM2*

We have used Reggae colours.



*On a peint des portraits
des bob Marley façon
Andy Warhol.
Clémence CM2*

We painted Bob Marley portraits Andy Worhol style.



HISTORY & HERITAGE



Photo credit: Sashalee Cross



Scientific name: *Senna alata* (L.) Roxb. synonym *Cassia alata* L.

Common names: King of the Forest, Senna, Ringworm Shrub, Candlestick

King of the Forest is a short lived medicinal herb that is widespread in Jamaica where it grows naturally though often times cultivated. A native of tropical America, King of the Forest prefers to grow in areas that are moist or swampy between sea level and 3000ft. It grows up to 3.5 metres and produces flowers in dense elongated clusters that, on onset, are gorgeous bright orange coloured bracts which then transition to stunning golden yellow clusters of petals. This yellow inflorescence has often been said to resemble yellow candles, hence the common name - candlestick. The bean pods produced by the plant are up to 8 inches long and contain seeds. The much sought after leaves are green, glossy and pinnate and close at nights.

Infusions of the fresh leaves are used to treat conditions such as high blood pressure, coughs, colds and blood complaints. The crushed leaves of King of the Forest are also a popular treatment for conditions such as burns, liver spots and ring worms hence the common name ringworm shrub/bush.

The seeds contained within the bean pods of the plant are often infused and used as a purgative.

Phytochemical analyses of *Senna alata* have verified the presence of medicinally important phytochemicals such as the fungicide chrysophanic acid responsible for the anti fungal activities of King of the Forest.

King of the Forest also contains saponin which acts as a laxative and repels intestinal parasites such as worms and anthraquinone which also has laxative effects.

Senna alata is also valued for its use as an ornamental and performs best in full sun. Though drought tolerant, the plant responds well to water and a layer of mulch during warm periods.

Senna alata is easily grown from seeds and may be grown as an annual plant.

On a note of caution:

Senna alata as with other members of the genus *Senna* e.g. Dandelion (*Senna occidentalis*) are celebrated for their abilities to heal skin infections and their use as purgatives, however, caution must be taken when using these plants as treatments. Overdosing may lead to severe side effects. The leaves have also been reported to be poisonous if eaten raw.

Written by: Sashalee Cross
Assistant Botanist
Botany Department
Natural History Museum of Jamaica



What's Been Happening?



Two Toyota Coasters loaded with passengers have crashed on the Junction route: one in March and the other (pictured here) on 20 April 2018. Make **ROAD SAFETY** a priority!

The repairing of the Junction route... Work in progress! Let's do our best to respect the signals given by the road workers to ensure safe travel for ourselves and others.



CREATIVE CRAFTS

ROCKS



DW

Nothing is easier than finding a rock.

Here in the Wag Water Valley, there are countless sandstones that decorate the riverbank. These nice, smooth rocks of varying sizes and shapes are not only perfect for learning about sedimentary rocks but also for the relaxing recreational activity of rock painting - wonderful for all.

Easy and fun, rocks can be painted as fish, flowers, bugs... anything that comes to mind. They can then be used as adornments at home or in the office, hands-on Mathematics resource materials for the young ones or even sold.

A strong material that can be used both indoors and outdoors, rock art is a great and affordable solution, particularly for children who are spending way too much time with screens and for the elderly who are many times bored.

Five ways to Maximise Your Productivity: Findings from brain science (Part 2)



This is part 2 of a two-part series that shares productivity strategies that are supported by brain science. Refer to the previous issue for Part 1.

3. Do energy-intensive work first. Prioritize prioritizing.

Many of us jump into email and social media as soon as our eyes open

This practice drains mental energy and adversely affects our ability to complete more demanding activities such as planning, analyzing, problem-solving and creation We increase our productivity by doing energy-intensive activities first One of the most intensive activities that we can do is prioritizing

This requires us to identify what we are required to do, evaluate each item's importance relative to the others and organize them for completion in order of priority

The need to prioritize prioritizing can't be overemphasized It creates a clear line of action so that we are less likely to waste time on less important tasks

4. Focus

I used to boast about my multi-tasking prowess. I prided myself on being able to speak on the phone, rattle off an email and switch between several open computer applications, all while eating my lunch!

I then came across the idea that we cannot really multi-task.

We actually have limited attention spans which means that doing several activities at once boils down to dividing that attention several times. What we end up doing is increasing the length of time each activity eventually takes and reducing the accuracy with which each is completed. In reality, research is showing that we can only concentrate on one activity at any point in time. The exception is if we are doing a relatively automatic activity as well, such as driving. So this means that we should turn off all the distractions, including email notifications, phones and social media and simply focus on the priority task at hand.

5. Write things down.

I am sure that you have had the experience of trying to hold on to an idea that emerged out of a conversation, a personal insight, or something that you observed. By virtue of trying to remember that idea, you are dividing your attention and expending unnecessary effort that could be addressed by simply writing down what is on your mind. Leonardo da Vinci faithfully followed this principle by always keeping a notebook with him where he sketched concepts and made jottings as they occurred to him or came through people he encountered.

You can take a lot of pressure off your memory and conscious attention by simply recording things.

Apart from a simple notebook that you carry around with you all the time, you can also invest in digital versions such as OneNote or Evernote, which sync across multiple platforms.

Establish a routine, set up blocks of activity, prioritize prioritizing, focus, write things down and watch your productivity soar.

Dr. Makesha Evans

JamPsych Secretary & Education Chair



www.jampsych.com

A WORD ON ABUSE: I'm Pulling Through... You Can Too!

Abuse and Pain have had their way;
Still, though badly battered, I cling to life day after day.
I'm surviving through it all, by God's grace;
Hoping and praying to finally experience a happy place.

Our difficult life stories might not be the same;
But what joins you and I, is the suffering from being pawns in their game.
Bit by bit, with Time on my side, I'm pulling through;
These words are to let you know, that you can too.

Only Death is sure, in this life
Which offers a wealth of experiences, inclusive of pain and strife.
Sometimes we feel we've gotten more than our share;
Before giving up, remember, God never allows us more than we can bear.

Yesterday is gone, leaving its scars maybe,
We are at Today, a brighter horizon yearning to see.
As long as Breath has not left the body, there is hope;
Stay your hand! Hold on a bit longer, don't reach for the rope.

I'm pulling through, and - oh yes! - you can too!
We are still here, alive and enduring, because there are lives to touch, much more to do.
Your tunnel of life may seem dark and winding, with no light at the end;
But know that I understand - in me you have a confidant and a friend.

Undeserving as we are, it's hard to accept and bear;
Still, sufferings can make us stronger, if we decide to overcome and live without fear.
Life goes on, that is for us to know;
In your hand is the compass - decide the way to go.

To face a tumultuous, traumatic past requires a mind of steel, a heart of gold;
Accepting, then trying to move on is the first step of healing; after, the rest will unfold.
Abuse is never the fault of the victim; don't bear the burden of Guilt and Shame.
The ones who have disrespected you as a person, are those to blame.

You don't have to be a prisoner forever - no longer living - just existing in fear;
Start your recovery today. You are loved; to someone you are dear.
Let us journey to a new life together, my hand is outstretched to you;
I'm pulling through. Believe me, you can too!

©Dionne Wright 2013

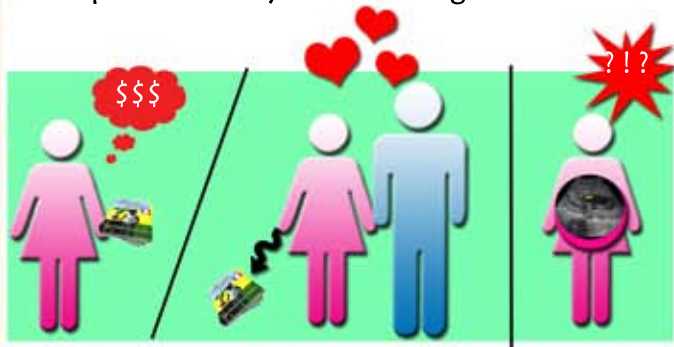
'TWEENS 2 TEENS

Through the ages, females have been labelled as 'the weaker sex'.

Yet, the first to be blamed and bear the burden of problems - especially when issues of promiscuity (many times coming from sexual grooming by an older person), 'teenage pregnancy (many times resulting from sexual abuse)' and domestic violence (most times from men who want to control and own but not assume responsibilities, such as that of an unplanned for / unwanted pregnancy) come about - are the females. Comments vary from, "...she did too hot, ah das why she hab bun inna har ov'n" to "...ah mus she want him fi ah beat har suh!"

'Tweens and Teens especially face many difficulties, a great percentage being emotional and psychological. They are now faced with feelings of attraction, of arousal - all a natural and normal part of maturing to be able to reproduce - but many parents shy away from the topic, embarrass them even, leaving them not knowing how to deal with these feelings. Trying to find / position one's self is no easy task, especially if there is limited or non-existent parental guidance and examples. And so, many 'Tweens and Teens gravitate towards the path that seems the most rewarding and enjoyable.

Jamaican males in particular, are trained to corner, capture and conquer and even adult females with 'head pon har baddy' fall to their pressures and cunning styles. How much more these children who are struggling to fit in during this period of rapid changes and developments and being conned by those who are known and trusted? True, some of them are rude and beyond their years, but all behaviours are learnt and made even more prominent by conditioning.



According to Dr Zoe Simpson, Executive Director of the Women's Centre of Jamaica Foundation (WCJF), which was established in 1978 with a mandate to provide adolescent mothers with continuing education during pregnancy, of the '...1,237 girls, aged 12 to 17, who were on roll in 2017... 1% were 12-year olds; 4% were 13-year-olds; 17% were 14-year-olds; 30% were 15-year-olds; 33% were 16-year-olds; and 15% were 17-year-olds.'

In many if not most of these cases, the female (and / or her mother) is left with the burden of caring for the child while trying to move her life forward. Instead of asking "What is a 12 year old child (male or female) doing having sexual relations?", ask "WHO is having sexual relations with the 12 year old?" And given that at this age it is nothing but RAPE (consent cannot be given unless one is older than 16 years), one cannot continue turning a blind eye and blaming the 'liddle gyal weh gw'aan like she ah big hooman!' or "di bwoy weh walk lakka gyal pickney!"

Children, maybe you're not getting as much as you would like from your parents but they give you what can be afforded. Have some patience and the rest will come. While being encouraged to get involved, instead of trying to prove how much you love him / her, ask yourselves - how does he / she show how much he / she loves me and my future?

Predators vary from bus drivers and conductors who 'always hav money', pastors who are guiding, teachers doing extra lessons or promising that little higher grade, even siblings and (step)parents.

A reward is always promised in way or the other, be it continued maintenance for the mother who turns a blind eye or that brand new iPhone for the child to be a 'toppa top'.

Be wise. Run and report.

BUILD YOUR BRAIN!



HomeSchool TIPS 'N TALES

If human beings are perceived as potentials rather than problems, as possessing strengths instead of weaknesses, as unlimited rather than dull and unresponsive, then they thrive and grow to their capabilities.

Barbara Bush

Be Inspired

As you think, so shall you become.
Bruce Lee

Activity

In this the 'age of smartphones and social media', letter writing - a very important skill which is included in school curriculums and necessary for job applications - is being forgotten by all. Treat yourself to some exciting letter-writing practice and the joy of (possible) response from none other than Santa Claus! Write now to get your reply in time for Christmas!

Heading

10 Sunshine Avenue
St. John
Jamaica

Salutation

20 April 2020
Dear Santa Claus,

Body

Closing
Signature

Sincerely,
Lily Rose



Santa Claus Office
Joulumaantie 1
96930 Arctic Circle,
Rovaniemi, Lapland
FINLAND



BE THE ARTIST

Complete the poem with words that rhyme.

Love me as I am;
A poor man with a heart of gold -
No material offerings,
Just lots of love to give while you I "have and _____"

Love me as I am;
Don't try to change me -
Appreciate instead of singling out the differences,
And you'll find that we can be _____

Love me as I am;
I believe I was made for you -
Let's build a life together,
Just look into my eyes and say "I _____"

© Dionne Wright 2018

FAMOUS JAMAICAN POET Festus Claudius McKay

Claude McKay, born in Sunny Ville, Clarendon, on 15 September 1889 and died on 22 May 1948, in Chicago, Illinois. He was known especially for the poems, "If We Must Die" and "Harlem Shadows." He was a literary voice for social justice during the Harlem Renaissance, with work ranging from vernacular verse celebrating peasant life in Jamaica to poems challenging white authority in America, and from generally straightforward tales of black life in both Jamaica and America to more philosophically ambitious fiction addressing instinctual/intellectual duality, which McKay found central to the black individual's efforts to cope in a racist society.

<https://www.biography.com/people/claude-mckay-9392654>
<https://www.poetryfoundation.org/poets/claude-mckay>

Draw and colour the rest of the image.



© Dionne Wright

TECH TALK



An unmanned aerial vehicle (UAV) is an aircraft that carries no human pilot or passengers. UAVs - sometimes called 'drones' - can be fully or partially autonomous but are more often controlled remotely by a human pilot. UAVs were originally used for military missions mostly too dangerous for humans, but now their use ranges from surveillance and product deliveries to aerial photography, agriculture and drone racing.

Upcycle Challenge!



Beaming Baby Loves

ELIMINATION COMMUNICATION

Albeit a convenient option, disposable diapers are not environmentally friendly and are quite costly. Some babies are not changed as often as they should be, resulting in them lugging around the same wastes that we as adults hurry to flush and wash away. The outcome of this 'baggage' includes: diaper rash, infections and exposure to the toxins dioxin & sodium polyacrylate, while confining baby's ability to walk.

Online
Tutor

Graphic
Designer

FRENCH / ENGLISH
INTERPRETER

Speech
Writer

justwrightcomms.ja@gmail.com



Donne
WRIGH

XPRESS
Urself!




Junction Ride
Community Magazine
Be Heard. Be Seen.

Download / read at: junctionride.weebly.com

<https://sites.google.com/site/justwrightcommsja/junction-ride>